



HOTEL & SPA



BREAKFAST MENU

Room Service 8.00am – 10.00am

TEA & COFFEE

Tea, Coffee, Fruit & Herbal Teas

FRUIT JUICE

Orange, Cranberry, Apple, Iced Water

CEREALS (Please ask for GF cereal from the kitchen)

Cornflakes, Branflakes, Frosted Flakes, Weetabix, Fruit N Fibre, Porridge

YOGHURTS

Natural or Soya Yoghurt with toppings of Fruits of the Forrester,

Granola, Pumpkin Seeds, Sesame Seeds, Almonds, Honey

FRUITS

Orange Segments, Grapefruit Segments, Peach Slices, Melon, Seasonal Fruits

PASTRIES

Freshly Baked Croissants and Pastries

FULL ENGLISH BREAKFAST

(Vegetarian and vegan options available)

Grilled Bacon (GF), Local Breakfast Sausage, Highland Black Pudding, Hash Brown,
Tomatoes (GF), Baked Beans (GF), Mushrooms (GF), Scrambled, Boiled, Fried Eggs (GF)

(Gluten free sausages and black pudding are available from the kitchen)

TOAST

White or brown toast, with preserves, gluten free available on request

Breakfast Menu, £15.00 per person

A room service charge of £10.00 per person per tray will be charged to your account

Lakes

HOTEL & SPA



SUPPLEMENTARY BREAKFAST DISHES

£3.50 EACH

Room Service 8.00am – 10.00am

GRILLED KIPPER

POACHED SMOKED HADDOCK

Topped with Poached Egg

ENGLISH MUFFIN

With Smoked Salmon, Scrambled Egg

CHEF'S OMELETTE

Cheese, Vegetable, Ham, Plain

Breakfast Menu, £15.00 per person

A room service charge of £10.00 per person per tray will be charged to your account