

Dalesway

Gin & Tonic Walk

Walk approx. 2-3 hours

Miles 5.5

Highest point 147M

1 Turn left out of the main hotel doors, down the driveway past the gate house, cross the road and turn right.

2 Walk down the road past the boats on the left, follow the pavement until you reach the mini roundabout and via left. Walk along past the carpark and Kia garage. Approx. 300 yards past the garage on the right is a lane signed "Longlands road 150yds"



Turn up here and follow the lane to the top

3 Cross over the road into Sheriffs Walk wood. This is a beautiful wood with water falls and a stream running all the way through. On the left is a Bench with a waterfall ** head up through the woods and out onto a lane until you reach the main road.

4 Turn right, cross over the road at the crossing and turn left up Thornbarrow road. Walk up the hill, take the first road on the right onto Lickbarrow road. Follow the road until you come to a lane on the left signed "[very narrow road](#)" follow the lane to the end, cross

the road onto the next part of lickbarrow road.

5 Follow the road up you have nearly finished the uphill part, take a well deserved rest on the benches at the top on the Left.**

6 carry on along the road and you will come to a red gate on the left signed "Old Droomer"



7 Go over the stile into the field and walk down the field to the end. Goover the next stile and up the steps then turn right.



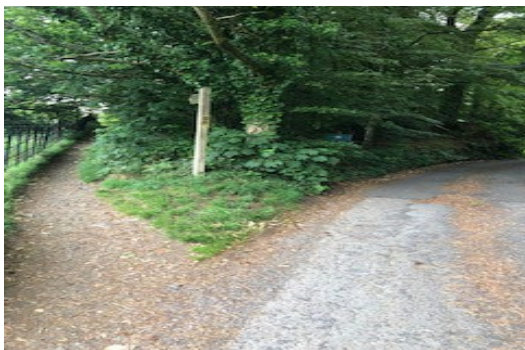
8 Follow the road until you come to a large red gate sign posted Cleabarrow



Follow this track all the way to the end through gates until you meet the main road.

9 Once you meet the main road turn right along a track signed Bowness via Dalesway at the end of the track turn right and right again heading up a drive way, take the left hand side signed Herdword. Follow the road down and take the next turn on the left into a field. Signed Matons Ground.

10 follow the foot path all the way to the end through 2 fields, at the end cross straight over the road, onto the next footpath, at the end again head straight across through another kissing gate keep left with the pond on your right. At the end of this footpath turn right and then via left following signs for the dalesway.



11 Go through the metal gate and follow the path along at the end go through the next metal gate and turn left.

Follow the path to the next gate and along the lane at the end via right, and through another field until you come to a cross roads of more kissing gates, turn left for Post Knott. Follow the path up to the end, go through the gate on the right and up onto the view point of Post Knott **



Sit on the bench or rocks and take a well deserved rest.

10 follow the path to the left and then back on your self heading down through the wooded area its all down hill. At the bottom of the steps turn right. When you meet the main road cross over and turn right head 50 yards round the corner back into the hotel via the service entrance. Well done your homepop into the Spa for a well deserved Gin & Tonic and a relax.

Gin& Tonic walk £25 per couple.
Take one of our back pack with 4 Gin & Tonics to enjoy along the way ** When you have finished the walk your final G & T will be served in the hotel Spa, just hand in your back pack and rubbish to receive your last well deserved drink. See our concierge to arrange.